



Citipointe Christian College  
THE CHRISTIAN OUTREACH COLLEGE BRISBANE



# CITIPOINTE STRONG OUR SPORTS PROGRAMS

| DISTINCTIVELY CITIPOINTE |



## Citipointe's Sports Programs Years P-12 revised for 2017

At Citipointe, it's not just about winning – it's about developing sportsmanship, resilience and courage.

Program	Availability	In collaboration with	Description / Location	STRATEGY
<i>Definitions:</i>				
<i>Program:</i> The name we give to each initiative	<i>Availability:</i> Are there any restrictions on availability? If not, the range of sports is generally available to any Citipointe student appropriate to age, and occasionally gender (e.g. rugby).	+ <i>In collaboration with:</i> Other organisations with whom Citipointe collaborates to deliver the program ++ <i>Available at Citipointe by invitation:</i> Means accessible at Citipointe by invitation	<i>Description:</i> A brief outline of the program or where it is conducted	<i>Strategy:</i> What we hope to achieve by the program
<b>CAMPUS SPORT</b>				
<b>Secondary</b>				
<b>Senior school SUMMER</b>				
<ul style="list-style-type: none"> <li>Basketball</li> <li>Gym</li> <li>Swimming training</li> <li>XC training</li> <li>Campus sport rotations</li> <li>Table tennis</li> <li>Badminton</li> <li>Campus tennis</li> </ul>		<b>South District + Tier 1 schools:</b> <a href="#">Citipointe Christian College</a> Cavendish Road SHS Holland Park SHS Mansfield SHS Mt Gravatt SHS Rochedale SHS	Most activities take place on the Citipointe campus.	To provide a range of sports for students to participate in physical exercise and enjoy the social aspects of team involvement.
<b>Middle school SUMMER</b>				
<ul style="list-style-type: none"> <li>Campus basketball</li> </ul>				To provide a range of sports

<ul style="list-style-type: none"> <li>Weights</li> <li>XC training</li> <li>Campus sport rotations</li> <li>Table tennis</li> <li>Campus tennis</li> </ul>				for students to participate in physical exercise and enjoy the social aspects of team involvement.
<b>Primary</b>				
<b>Semester 1</b>				
<ul style="list-style-type: none"> <li>Water sport</li> <li>Basketball</li> <li>Racquet sport (table tennis &amp; badminton rotation)</li> <li>Volleyball</li> <li>Soccer</li> <li>Netball</li> <li>Hockey</li> </ul>				To provide a range of sports for students to participate in physical exercise and enjoy the social aspects of team involvement.
<b>CAMPUS HOUSE CARNIVALS (Asher, Ephraim, Judah, Levi Houses)</b>				
<b>Secondary</b>			<b>Conducted at:</b>	To develop competitiveness by using sporting house spirit as a means of developing school spirit, and for selection of students to form the Citipointe swimming, cross-country and track & field squads for inter-school competition
<ul style="list-style-type: none"> <li>Swimming</li> </ul>			Sleeman Sports Centre, Chandler	
<ul style="list-style-type: none"> <li>Cross Country</li> </ul>			Citipointe campus	
<ul style="list-style-type: none"> <li>Track &amp; Field</li> </ul>			Citipointe oval	
<b>Primary</b>				
<ul style="list-style-type: none"> <li>Swimming <ul style="list-style-type: none"> <li>Years P-2: Term 1</li> <li>Years 3-6: Term 4</li> </ul> </li> </ul>			Citipointe pool	
<ul style="list-style-type: none"> <li>Cross Country <ul style="list-style-type: none"> <li>Years 3-6: Term 1</li> </ul> </li> </ul>			Citipointe campus	
<ul style="list-style-type: none"> <li>Track &amp; Field <ul style="list-style-type: none"> <li>Years 3-6: Term 2</li> <li>Years P-2: Term 3</li> </ul> </li> </ul>			Citipointe oval	
<b>DISTRICT SPORT</b>				
<b>Secondary</b>				
<b>Senior school SUMMER</b>				
<ul style="list-style-type: none"> <li>Volleyball</li> <li>Touch</li> <li>Futsal</li> <li>Cricket</li> </ul>	<ul style="list-style-type: none"> <li>Yr 10; Open; b &amp; g</li> <li>Yr 10; Open; b &amp; g</li> <li>Yr 10; Open; b &amp; g</li> <li>Open; b</li> </ul>	<b>South District + Tier 1 schools:</b> <a href="#">Citipointe Christian College</a> Cavendish Road SHS Holland Park SHS	A general meeting of the District's sports coordinators determines which sports are offered for each season.	To achieve high levels of Citipointe student participation in inter-school sport (40-50%) at both secondary and primary

		Mansfield SHS Mt Gravatt SHS Rochedale SHS		levels, and to provide an opportunity for Citipointe students to model Christian behaviour (sportsmanship and competitiveness) to other school communities.
<b>Middle school SUMMER</b>				
<ul style="list-style-type: none"> <li>Volleyball</li> <li>Basketball</li> <li>Touch</li> <li>Futsal</li> <li>Cricket</li> </ul>	<ul style="list-style-type: none"> <li>Yr 7; 8; 9; b &amp; g</li> <li>Yr 7; 8; 9; b &amp; g</li> <li>Yr 7; 8; 9; b &amp; g</li> <li>Yr 7; 8; 9; b &amp; g</li> <li>Junior; b</li> </ul>	<b>South District + Tier 1 schools:</b> <a href="#">Citipointe Christian College</a> Cavendish Road SHS Holland Park SHS Mansfield SHS Mt Gravatt SHS Rochedale SHS		
<b>Primary</b>				
<b>Semester 1</b>				
<ul style="list-style-type: none"> <li>Touch</li> <li>Netball</li> <li>Football (soccer)</li> <li>Rugby</li> </ul>	<ul style="list-style-type: none"> <li>Jnr; Inter; Open; g</li> <li>Jnr*; Inter; Open**; g</li> <li>Jnr^; Snr^; b &amp; g</li> <li>Jnr; Inter; Open; b</li> </ul>	<b>Mt Gravatt District +</b>		
<b>DISTRICT CARNIVALS</b>				
<b>SOUTH DISTRICT Secondary</b>		<b>South District + Tier 1 schools:</b> <a href="#">Citipointe Christian College</a> Cavendish Road SHS Holland Park SHS Mansfield SHS Mt Gravatt SHS Rochedale SHS	<b>Conducted at:</b> Sleeman Sports Centre, Chandler Citipointe campus (2015) Clairvaux Mackillop College	To achieve high levels of Citipointe student participation in inter-school sport (40-50%) at both secondary and primary levels To provide an opportunity for Citipointe students to model Christian behaviour (sportsmanship and competitiveness) to other school communities To provide access to representative school sports pathways: school → district → regional → state → national
<ul style="list-style-type: none"> <li>Swimming</li> <li>Cross Country</li> <li>Track &amp; Field</li> </ul>				
<b>MT GRAVATT DISTRICT Primary</b>		<b>Mt Gravatt District +</b>	Hibiscus Sports Complex DM Henderson Park, Macgregor - to be confirmed Queensland Sport and Athletics Centre, Nathan	
<ul style="list-style-type: none"> <li>Swimming</li> <li>Cross Country</li> <li>Track &amp; Field</li> </ul>				
<b>ICS: INTERCOLLEGIATE CHRISTIAN COLLEGES CARNIVALS</b>				
<b>Years 4-12</b>			<b>Conducted at:</b>	To use InterCollegiate Sport as

• Swimming (not in 2017)		Intercollegiate: <b>Citipointe</b> Northside	Sleeman Sports Complex, Chandler (not in 2017)	a catalyst to develop further a consistent and unique Citipointe sporting culture.
• Cross Country			Teralba Park, Everton Park	
• Track & Field			Athletics Centre, The University of Queensland	
<b>CSSAQ: CHRISTIAN SCHOOLS SPORTS ASSOCIATION OF QUEENSLAND CARNIVALS</b>				
<b>Primary</b>	Associated Christian Schools; Christian Schools Australia		<b>Conducted at:</b>	To use CSSAQ carnivals as training for Citipointe squads prior to District.
• Swimming		CSSAQ + Citipointe & some ACS & some CSA schools	Sleeman Sports Complex, Chandler	
• Cross country			Limestone Park, Ipswich	
• Track & Field			Queensland Sport and Athletics Centre, Nathan	
<b>COACHING</b>				
<b>Secondary</b>				
<b>High performance Squads</b>			<b>Conducted at:</b>	
• Swimming • Cross country • Track & Field		Swimming coach++ Staff members++ Acceleration (Synergy ADP Cross Country and Track & Field)++	Citipointe campus	To provide high quality coaching within a squad structure.
<b>Primary</b>				
<b>Jacob's Ladder</b>				
• Cross country		Head of Sport++ Primary class teachers++		To provide a physical training program that prepares students to be able to complete cross-country successfully and safely
<b>Synergy</b>				
• Athletics Hub • Synergy - Athlete Development Program (Cross country, Track & Field, Swimming)		Head of Sport++ Staff members++ Acceleration (Synergy ADP Cross Country and Track & Field)++ Mrs Gayle Dibble Swim School++ (Synergy ADP Swimming)	To provide access to professional coaching on campus. Synergy ADP is structured to develop all fitness components, with an emphasis on speed, strength, endurance and power. The vision is to see our students participate in a fun, enjoyable program constructed to direct, support	

				and assist them to train and hone their skills towards improving their personal best and optimising their athletic potential, enabling the realisation of God-given gifts in sporting ability.
<b>OTHER</b>				
<b>Primary</b>				
District Inter-school sport teams		Inter-school sports coaches		To provide school sports teams coaching to develop skills, knowledge, game play, character and team cohesion
Football* Holiday Camp		Total Football Academy++		
In2cricket		Cricket Australia++		
Auskick		AFL Queensland++		
Rookies2Reds		Queensland Rugby++		
Kids2Kangaroos		National Rugby League++		
(* Soccer)				
<b>Secondary</b>				
District Inter-school sport teams		<ul style="list-style-type: none"> <li>Metropolitan East Regional Finals</li> <li>South District Representative Cluster Days</li> </ul>		To provide further pathways to representative and higher level competition
Focus Sports Program: <ul style="list-style-type: none"> <li>Volleyball</li> <li>Football</li> <li>Netball</li> </ul>		Focus Sports Coordinators		To provide high quality coaching within a squad structure that provides the College with a distinct sporting focus
One-day events for Focus Sports		Brisbane Christian Schools: <ul style="list-style-type: none"> <li>Touch</li> <li>Netball</li> <li>Football</li> </ul> Vicki Wilson Cup: <ul style="list-style-type: none"> <li>Netball</li> </ul>		To provide additional opportunities for students who are involved with the Focus Sports program
Multi-day events for Focus Sports		<ul style="list-style-type: none"> <li>Football: Bill Turner Cup</li> <li>Football: UhlSport Cup</li> <li>Volleyball: Schools Cup</li> </ul>		To provide additional opportunities for students who are involved with the

		<ul style="list-style-type: none"> <li>• Beach Volleyball: Schools Cup</li> <li>• Volleyball: National Schools Cup</li> <li>• Touch: All Schools</li> </ul>		Focus Sports program
<b>CLUB ACTIVITIES EXTERNAL TO THE COLLEGE PROGRAM</b>				
Swimming	Our club is open to swimmers from all schools and of all ages and abilities. Club nights are held every Wednesday in Term 4 and Term 1. Club nights begin at 5.45pm sharp and normally finish no later than 7.15pm.	Citipointe Swimming Club administered under the guidance of the College <a href="http://www.citipointe.swimming.org.au">http://www.citipointe.swimming.org.au</a> Registered with Swimming Queensland/Brisbane Swimming Association	College pool	Citipointe Swimming Club provides opportunities for families to come together in a healthy environment around the sport of swimming to compete, train and have fun.
Football (soccer)	Available to Citipointe students	Mansfield Eagles administered under the guidance of Citipointe Church for competing in the Queensland Christian Soccer Association Inc. competition <a href="http://www.mesc.org.au">http://www.mesc.org.au</a>		Training young boys & girls to become men and women determined to excel through personal discipline, teamwork & sportsmanship in an environment promoting Christian family values and ethics
Basketball	Available to Citipointe primary students	A Citipointe parents initiative	College Hall	
Tennis	Available to Citipointe students and students from elsewhere	Dynamic Tennis (Mark Robinson* Tennis Coaching Academy) *Qualified TA Professional Coach	Citipointe tennis courts	Acquiring skills takes place in a game-based environment which consists of task completion.